

10 Skin Care Secrets You've Probably Never Heard Before

BY CARINA WOLFF · OCTOBER 2, 2017



Everyone is always on the lookout for good skin care advice, but it can get old hearing the same repetitive suggestions. We're told to drink more water, take off our makeup before bed and wear SPF daily, but most of us care to know the other tips and tricks that those with clear and radiant skin are *actually* following—because, let's face it: we know they are doing something special.

If you're sick of hearing the same advice, look no further. I spoke with a number of experts with gorgeous skin to get their most unique skin care tips you won't find anywhere else. Here are 10 of their best kept secrets.

1. Use egg yolks as a face mask.

The answer to good skin could be sitting in your refrigerator: Egg yolks make a great skin-tightening mask. "When I was little, my mother used to place beaten egg yolks on her face until it dried," says dermatologist Dr. **William Kwan**. "At the time, I thought the homemade mask was odd, but now I realize that egg yolks are high in lipids and cholesterol—which improve skin elasticity. The mask also helps hydrate and can soothe skin irritation."

2. Moisturize with rose water.

Moisturizing is clearly an essential part of a good skin care routine, but you don't have to just stick to your run-of-the-mill creams; you can opt to use something a little more unique, like rose water. "One of my favorite natural moisturizers is rose water," says Kwan. "It's inexpensive and smells good, too. It can be used on its own, or you can mix some with your favorite face or body moisturizer."

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